

Hakustrategiat ja hakulausekkeet: haku 11.1.2022 ja päivityshaut 23.9.2024 ja 23.2.2026

Cinahl Search History

Fri, September 20, 2024 2:11:29 PM

#	Query	Limiters/Expanders	Last Run Via	Results
S43	(randomized controlled trial) AND (S6 AND S13 AND S28 AND S40 AND S41)	Limiters - Publication Date: 20210101-20241231; Exclude MEDLINE records Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	272
S42	(randomized controlled trial) AND (S6 AND S13 AND S28 AND S40 AND S41)	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	1,190
S41	(MH "Randomized Controlled Trials+") OR "randomized controlled trial" OR RCT	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	199,498
S40	S29 OR S30 OR S31 OR S32 OR S33 OR S34 OR S35 OR S36 OR S37 OR S38 OR S39	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	4,587,337

S39	"prevent*"	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	957,821
S38	"patient inform*"	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	4,945
S37	"self-help" OR selfhelp	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	4,210
S36	(MH "Psychotherapy+") OR "psychotherap*"	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	247,927
S35	(MH "Education+") OR "educat*"	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	1,319,130
S34	(MH "Teaching+") OR "teach*"	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research	357,884

			Databases Search Screen - Advanced Search Database - CINAHL	
S33	"support*"	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	682,485
S32	"guid*"	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	476,937
S31	"intervent*"	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	612,334
S30	"therap*"	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	1,976,197
S29	"treat*"	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced	1,547,329

			Search Database - CINAHL	
S28	S14 OR S15 OR S16 OR S17 OR S18 OR S19 OR S20 OR S21 OR S22 OR S23 OR S24 OR S25 OR S26 OR S27	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	621,634
S27	(MH "Social Media+") OR "social media"	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	37,663
S26	(MH "Smartphone") OR "smartphone*" OR "smart phone*"	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	11,592
S25	"computer*"	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	181,289
S24	(MH "Cellular Phone+") OR "mobile phone*" OR cell* phone*	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	16,041

S23	(MH "Information Technology+") OR "information and communication technolog*" OR ICT	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	26,894
S22	(MH "Mobile Applications") OR OR "applications" OR apps OR app	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	74,209
S21	"online intervent*"	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	801
S20	"online treat*"	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	141
S19	"mhealth" OR "ihealth" OR "ehealth"	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	25,742
S18	(MH "Telemedicine+") OR (MH "Telehealth+") OR (MH "Telepsychiatry") OR	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research	44,714

	"telemedicine" OR telehealth OR telepsychiatr*		Databases Search Screen - Advanced Search Database - CINAHL	
S17	(MH "Internet+") OR (MH "Internet-Based Intervention") OR (MH "World Wide Web+") OR "internet*" OR web*	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	255,451
S16	(MH "Augmented Reality") OR "augmented realit*" OR AR	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	7,833
S15	(MH "Virtual Reality+") OR (MH "Virtual Reality Exposure Therapy") OR "virtual" OR VR	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	43,834
S14	(MH "Digital Health+") OR "digital*"	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	91,711
S13	S7 OR S8 OR S9 OR S10 OR S11 OR S12	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced	779,639

			Search Database - CINAHL	
S12	(MH "Anxiety") OR (MH "Anxiety Disorders") OR "anxiety"	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	133,810
S11	(MH "Dysthymic Disorder") OR "dysthymi*"	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	1,064
S10	"mood disorder*"	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	9,894
S9	(MH "Affective Disorders+") or "affective disorder*"	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	149,947
S8	(MH "Mental Disorders+") OR "mental disorder*"	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	668,460

S7	(MH "Depression+") OR "depressi*"	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	222,650
S6	S1 OR S2 OR S3 OR S4 OR S5	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	957,993
S5	"juvenile*"	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	17,273
S4	"teenage*"	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	11,087
S3	"youth"	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	62,644
S2	(MH "Young Adult") OR "young*"	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research	499,562

			Databases Search Screen - Advanced Search Database - CINAHL	
S1	(MH "Adolescence+") OR "adolescent*"	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	656,119

Medic-hakuhistoria

nuoret nuoriso* nuori* teini* adolescent young* youth teenage* juvenile* AND masennu* depressi*
 mielenterveysongelm* "mental disorder*" "mood disorder*" "affective disorder*" dysthymi* anxiety
 ahdistu* AND rct "randomized controlled trial" "satunnaistettu kontrolloitu tutkimus" 2021 - 2024 0 kpl

Database: Ovid MEDLINE(R) ALL <1946 to September 19, 2024>

Search Strategy:

- 1 exp Adolescent/ or adolescent*.mp. (2362326)
- 2 exp Young Adult/ (1065541)
- 3 young*.mp. (1806972)
- 4 youth.mp. (104611)
- 5 teenage*.mp. (26301)
- 6 juvenile*.mp. (111035)
- 7 1 or 2 or 3 or 4 or 5 or 6 (3540675)
- 8 exp Depression/ or depressi*.mp. (604810)
- 9 exp Depressive Disorder/ (126067)
- 10 exp Mental Disorders/ or mental disorder*.mp. (1528266)
- 11 exp Mood Disorders/ or mood disorder*.mp. (188733)
- 12 affective disorder*.mp. (21639)
- 13 exp Dysthymic Disorder/ or dysthymi*.mp. (3839)
- 14 exp Anxiety Disorders/ or exp Anxiety/ or anxiety.mp. (378605)
- 15 8 or 9 or 10 or 11 or 12 or 13 or 14 (2011398)
- 16 digital*.mp. (242574)
- 17 exp Virtual Reality/ or (virtual or VR).mp. (117611)
- 18 exp Augmented Reality/ or (augmented realit* or AR).mp. (74921)
- 19 exp Internet/ or (internet* or web*).mp. (399176)
- 20 exp Telemedicine/ or telemedicine.mp. (61531)
- 21 (mhealth or ihealth or ehealth).mp. (17782)
- 22 exp Therapy, Computer-Assisted/ or online treat*.mp. (47860)
- 23 exp Internet-Based Intervention/ or online intervent*.mp. (2935)
- 24 exp Mobile Applications/ or (app or apps or application*).mp. (1820460)
- 25 ("information and communication technolog*" or ICT).mp. (11432)
- 26 telepsychiatr*.mp. (1231)
- 27 telehealth.mp. (16952)
- 28 exp Cell Phone/ or (mobile phone* or cell* phone*).mp. (36775)

- 29 exp Computers/ or computer*.mp. (983377)
 - 30 exp Smartphone/ or (smartphone* or smart phone*).mp. (30752)
 - 31 exp Social Media/ or social media.mp. (41771)
 - 32 16 or 17 or 18 or 19 or 20 or 21 or 22 or 23 or 24 or 25 or 26 or 27 or 28 or 29 or 30 or 31 (3370237)
 - 33 treat*.mp. (7678745)
 - 34 exp Therapeutics/ or therap*.mp. (10112690)
 - 35 intervent*.mp. (1551215)
 - 36 guid*.mp. (1328832)
 - 37 support*.mp. (11837009)
 - 38 exp Teaching/ or teach*.mp. (323245)
 - 39 exp Education/ or educat*.mp. (1574549)
 - 40 exp Psychotherapy/ or psychotherap*.mp. (245390)
 - 41 (self-help or selfhelp).mp. (22406)
 - 42 patient inform*.mp. (11724)
 - 43 prevent*.mp. (2982538)
 - 44 psychoeducat*.mp. (8045)
 - 45 33 or 34 or 35 or 36 or 37 or 38 or 39 or 40 or 41 or 42 or 43 or 44 (22990974)
 - 46 exp Randomized Controlled Trial/ or (randomized controlled trial or RCT).mp. (697238)
 - 47 7 and 15 and 32 and 45 and 46 (3642)
 - 48 limit 47 to yr="2021 -Current" (834)
-

Database: APA PsycInfo <1806 to September 2024 Week 3>

Search Strategy:

- 1 adolescent*.mp. (510592)
- 2 young*.mp. (473438)
- 3 youth.mp. (130681)
- 4 teenage*.mp. (16665)
- 5 juvenile*.mp. (42976)
- 6 1 or 2 or 3 or 4 or 5 (896080)
- 7 exp "Depression (Emotion)"/ or depressi*.mp. (443189)
- 8 exp Mental Disorders/ or mental disorder*.mp. (1194340)
- 9 mood disorder*.mp. (26718)
- 10 exp Affective Disorders/ or affective disorder*.mp. (204407)
- 11 exp Dysthymic Disorder/ or dysthymi*.mp. (4485)
- 12 exp Anxiety Disorders/ or exp Anxiety/ or anxiety.mp. (315319)
- 13 7 or 8 or 9 or 10 or 11 or 12 (1453147)
- 14 exp Digital Technology/ or digital*.mp. (206683)
- 15 exp Virtual Reality/ or (virtual or VR).mp. (40511)
- 16 exp Augmented Reality/ or (augmented realit* or AR).mp. (5450)
- 17 exp Internet/ or (internet* or web*).mp. (127625)
- 18 exp Telemedicine/ or telemedicine.mp. (17911)
- 19 exp Mobile Health/ or (mobile health or mhealth or ihealth or ehealth).mp. (5721)
- 20 exp Online Therapy/ or online treat*.mp. (5066)
- 21 exp Digital Interventions/ or online intervention.mp. (21607)
- 22 exp Mobile Applications/ or exp Computer Applications/ or exp Mobile Health Applications/ or (application* or app or apps).mp. (310226)
- 23 exp "Information and Communication Technology"/ or ("information and communication technolog*" or ICT).mp. (221395)
- 24 exp Telepsychiatry/ or telepsychiatr*.mp. (1002)
- 25 telehealth.mp. (5139)
- 26 exp Mobile Phones/ or (mobile phone* or cell* phone*).mp. (13172)
- 27 computer*.mp. (199162)

- 28 exp Smartphones/ or (smartphone* or smart phone*).mp. (9663)
 - 29 exp Social Media/ or social media.mp. (36363)
 - 30 14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22 or 23 or 24 or 25 or 26 or 27 or 28 or 29 (617508)
 - 31 exp Treatment/ or treat*.mp. (1737506)
 - 32 exp Psychotherapy/ or (psychotherap* or therap*).mp. (785822)
 - 33 exp Intervention/ or intervent*.mp. (544043)
 - 34 guid*.mp. (316545)
 - 35 support*.mp. (871059)
 - 36 exp Teaching/ or teach*.mp. (424880)
 - 37 exp Education/ or educat*.mp. (965046)
 - 38 (self-help or selfhelp).mp. (14587)
 - 39 patient inform*.mp. (1642)
 - 40 prevent*.mp. (301743)
 - 41 exp Psychoeducation/ or psychoeducat*.mp. (14133)
 - 42 31 or 32 or 33 or 34 or 35 or 36 or 37 or 38 or 39 or 40 or 41 (3234192)
 - 43 exp Randomized Controlled Trials/ or (randomized controlled trial or RCT).mp. (32965)
 - 44 6 and 13 and 30 and 42 and 43 (916)
 - 45 limit 44 to yr="2021 -Current" (282)
-

Hakuhistoria Web of Science

#1 AND #2 AND #3 AND #4 AND #5 and 2021 or 2022 or 2023 or 2024 (Publication Years)

[551](#)

#1 AND #2 AND #3 AND #4 AND #5

[1,204](#)

rct or "randomized controlled trial" (Topic)

[253,226](#)

treat* or therap* or intervent* or guid* or support* or teach* or educat* or psychotherap* or "self-help" or selfhelp or "patient inform*" or prevent* (Topic)

[19,297,473](#)

digital* or virtual or VR or augmented realit* or AR or internet* or web* or telemedicine or mhealth or ihealth or ehealth or "online treat*" or "online intervent*" or app or apps or applications or "information and communication technolog*" or ICT or telepsychiatr* or telehealth or "mobile phone*" or "cell* phone*" or computer* or smartphone* or "smart phone*" or "social media" (Topic)

[9,166,218](#)

depressi* or "mental disorder*" or "mood disorder*" or "affective disorder*" or dysthymi* or anxiety (Topic)

[1,092,734](#)

adolescent* or young* or youth or teenage* or juvenile* (Topic)

[2,181,174](#)

Cinahl-hakuhistoria

(adolescent* or youngster* or "young people" or "young adult*" or youth or teenage* or juvenile* OR MM "Adolescence")

AND

(depressi* or "mood disorder*" or "affective disorder*" or dysthymi* OR MH "Depression+" OR MH "Affective Disorders" Or MH "Dysthymic Disorder")

AND

((digital* or virtual* or VR or "augmented realit*" or AR or internet* or web* or app or apps or application* or "information and communication technolog*" or ICT or "mobile phone*" or "cell* phone*" or smartphone* or "smart phone*" or computer* or "social media" or online) N3 (treat* or therap* or support* or guid* or educat* or psychotherap* or intervent* or teach* or "self-help" or selfhelp or prevent* or "patient inform*" or psychoeducat*) or telemedicine or mhealth or ihealth or ehealth or telepsychiatr* or telehealth or MH "Telemedicine+" or MH "Therapy, Computer Assisted+")

AND

(engagement or adherence or satisfaction or experience* or compliance or "quality of life" or facility or stress)

- Haku kohdistuu kaikkiin kenttiin
- Vertaisarviointi
- vuodet: 2021-current

Database: Ovid MEDLINE(R) ALL <1946 to February 20, 2026>

Search Strategy:

1 exp Adolescent/ or adolescent*.mp. (2490268)

2 exp Young Adult/ (1206739)

3 (youngster* or young people or young adult*).mp. (1325611)

4 youth.mp. (117628)

5 teenage*.mp. (27888)

6 juvenile*.mp. (117559)

7 1 or 2 or 3 or 4 or 5 or 6 (3234052)

8 exp Depressive Disorder/ or exp Depression/ or depressi*.mp. (661688)

9 exp Mood Disorders/ or mood disorder*.mp. (197544)

10 affective disorder*.mp. (22482)

11 exp Dysthymic Disorder/ or dysthymi*.mp. (3920)

12 8 or 9 or 10 or 11 (709568)

13 ((digital* or virtual* or VR or augmented realit* or AR or internet* or web* or app or apps or application* or "information and communication technolog*" or ICT or mobile phone* or cell* phone* or smartphone* or smart phone* or computer* or social media or online) adj3 (treat* or therap* or support* or guid* or educat* or psychotherap* or intervent* or teach* or self-help or selfhelp or prevent* or patient inform* or psychoeducat*)).mp. (219597)

14 exp Telemedicine/ or telemedicine.mp. (71020)

15 (mhealth or ihealth or ehealth or telepsychiatr* or telehealth).mp. (42179)

16 exp Therapy, Computer-Assisted/ (50397)

17 exp Internet-Based Intervention/ (1950)

18 13 or 14 or 15 or 16 or 17 (338693)

19 engagement.mp. (151497)

20 adherence.mp. (240993)

21 satisfaction.mp. (305204)

22 experience*.mp. (1646254)

23 compliance.mp. or exp Compliance/ (216455)

24 quality of life.mp. or exp "Quality of Life"/ (565833)

25 facility.mp. (140965)

- 26 stress.mp. (1396172)
 - 27 19 or 20 or 21 or 22 or 23 or 24 or 25 or 26 (4127528)
 - 28 7 and 12 and 18 and 27 (1915)
 - 29 limit 28 to yr="2021 -Current" (1036)
-

Database: APA PsycInfo <1806 to February 2026 Week 3>

Search Strategy:

- 1 exp Adolescent/ or adolescent*.mp. (533234)
 - 2 (youngster* or young people or young adult*).mp. (274667)
 - 3 youth.mp. (142126)
 - 4 teenage*.mp. (17368)
 - 5 juvenile*.mp. (44261)
 - 6 1 or 2 or 3 or 4 or 5 (759499)
 - 7 exp Depressive Disorder/ or exp Depression/ or depressi*.mp. (480236)
 - 8 exp Mood Disorders/ or mood disorder*.mp. (216399)
 - 9 affective disorder*.mp. (41465)
 - 10 exp Dysthymic Disorder/ or dysthymi*.mp. (4522)
 - 11 7 or 8 or 9 or 10 (499773)
 - 12 ((digital* or virtual* or VR or augmented realit* or AR or internet* or web* or app or apps or application* or "information and communication technolog*" or ICT or mobile phone* or cell* phone* or smartphone* or smart phone* or computer* or social media or online) adj3 (treat* or therap* or support* or guid* or educat* or psychotherap* or intervent* or teach* or self-help or selfhelp or prevent* or patient inform* or psychoeducat*)).mp. (76697)
 - 13 exp Telemedicine/ or telemedicine.mp. (20774)
 - 14 (mhealth or ihealth or ehealth or telepsychiatr* or telehealth).mp. (12178)
 - 15 12 or 13 or 14 (92814)
 - 16 engagement.mp. (128068)
 - 17 adherence.mp. (46665)
 - 18 satisfaction.mp. (179806)
 - 19 experience*.mp. (942834)
 - 20 compliance.mp. or exp Compliance/ (64793)
 - 21 quality of life.mp. or exp "Quality of Life"/ (125317)
 - 22 facility.mp. (26656)
 - 23 stress.mp. (362713)
 - 24 16 or 17 or 18 or 19 or 20 or 21 or 22 or 23 (1554271)
 - 25 6 and 11 and 15 and 24 (1310)
-

Scopus

(TITLE-ABS-KEY (adolescent* OR youngster* OR "young people" OR "young adult*" OR youth OR teenage* OR juvenile*)

AND

TITLE-ABS-KEY (depressi* OR "mood disorder*" OR "affective disorder*" OR dysthymi*)

AND

TITLE-ABS-KEY ((digital* OR virtual* OR VR OR "augmented realit*" OR AR OR internet* OR web* OR app OR apps OR application* OR "information and communication technolog*" OR ICT OR "mobile phone*" OR "cell* phone*" OR smartphone* OR "smart phone*" OR computer* OR "social media" OR online) W/3 (treat* OR

Hotus-hoitosuositus: Digitaaliset menetelmät
nuorten masennuksen hoidon tukena
Hakustrategiat

therap* OR support* OR guid* OR educat* OR psychotherap* OR intervent* OR teach* OR "self-help" OR
selfhelp OR prevent* OR "patient inform*" OR psychoeducat*) OR telemedicine OR mhealth OR ihealth OR
ehealth OR telepsychiatr* OR telehealth)

AND

TITLE-ABS-KEY (engagement OR adherence OR satisfaction OR experience* OR compliance OR "quality of
life" OR facility OR stress))

AND PUBYEAR > 2020

AND NOT INDEX (medline)